

**BORYS GRINCHENKO KYIV UNIVERSITY**

«CERTIFIED»

Decision of the Academic Council of  
Borys Grinchenko Kyiv University  
April 25, 2019, protocol № 4

Head of Academic Council, Rector  
Viktor O. Ogneviuk

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**EDUCATIONAL AND PROFESSIONAL PROGRAM**

**053.00.05 Extreme and Crisis Psychology**

**The second (master's) level of higher education**

Field:	05 Social and behavioural sciences
Specialty:	053 Psychology
Qualification:	Master of Psychology

Effective date 1.09 2019.  
(Order of April 25, 2019, № 295)

Kyiv – 2019

**CERTIFICATION LIST**  
**of educational and professional program**

Department of General, Age and Pedagogical Psychology

Protocol № 3, March 18, 2019.

Head of Department \_\_\_\_\_ (Oksana P. Serhieienkova)

Academic Council of Institute of Human Sciences

Protocol № 3, March 26, 2019.

Head of Academic Council \_\_\_\_\_ (Nataliia A. Klishevych)

Scientific-methodical centre of standardization and education quality

Head \_\_\_\_\_ (Olha V. Leontieva)

\_\_\_\_.\_\_\_\_.2019.

Vice-rector on scientific-methodological and educational work

\_\_\_\_\_ (Oleksii B. Zhylytsov)

\_\_\_\_.\_\_\_\_.2019.

## PREFACE

Economic, political, social, moral and value difficulties of the crisis period of development of modern Ukrainian society provoke the growth of crisis and emergency situations, extreme economic and socio-psychological conditions and situations of vital activity of the population. In the system of national production relations, a social order is being prepared for the training of highly qualified crisis-extreme psychologists who can help people overcome various emergencies, requiring the revision and improvement of professional training conditions. The basis for the provision of qualitative psychological education is the educational program as a normative document, which ensures the certainty, consistency and continuity of students' mastering of general and professional competencies. The educational-professional program is developed on the basis of the standard of higher education in the specialty 053 "Psychology" for the second (master's) higher education level, approved by the Ministry of Education and Science of Ukraine (Order № 584, April 24, 2019).

### **Developed by a working group consisting of:**

- 1) Oksana P. Serhieienkova, Doctor of Psychology, Professor, Head of Department of General, Age and Pedagogical Psychology;
- 2) Olesia A. Stoliarchuk, PhD in Psychology, Assistant Professor, Assistant Professor of Department of General, Age and Pedagogical Psychology;
- 3) Olena A. Sorokina, PhD in Psychology, Assistant Professor, Assistant Professor of Department of General, Age and Pedagogical Psychology;
- 4) Tetiana P. Tsiuman, PhD in Pedagogy, Assistant Professor, Assistant Professor of Department of General, Age and Pedagogical Psychology.

### **External reviewers:**

Halyna K. Radchuk, Doctor of Psychology, Professor, Head of Department of Practical Psychology of V. Hnatiuk Ternopil National Pedagogical University;  
Nataliia V. Prorok, Doctor of Psychology, Professor, Head of Research Laboratory of Psych Diagnostics and Scientific Psychological of H.S. Kostiuk Institute of Psychology of National Academy of Pedagogical Sciences of Ukraine.

### **Reviews from representatives of professional associations / employers:**

Iryna V. Biletska, Head of the psychological, medical and pedagogical consultation of the Department of Education of the Kyiv State Administration of Holosiivskyi District.

### **The educational program has been implemented since 2019.**

The term for viewing the educational program once every 2 years.

### **Actualized:**

Date of revision EP / EP amending	—	—	—
Signature			
EP guarantor's name			

## I. Profile of educational program

Specialty 053 «Psychology»

Specialization 053.00.05 Extreme and Crisis Psychology

<b>1 – General information</b>	
Full name of higher educational institution and structural unit	Borys Grinchenko Kyiv University Institute of Human Sciences
The degree of higher education and qualification title	Higher education degree: Master Specialty: 053 Psychology Optional specialization: Crisis Counseling Training program: 053.00.05 Extreme and Crisis Psychology Qualification: Master of Psychology
Official name of the educational program	053.00.05 – Extreme and Crisis Psychology
Diploma's type and scope of the educational program	Master's degree, unitary, 90 ECTS credits, term of study - 1 year 4 months
Availability of accreditation	Application deadline for accreditation – 2020.
Cycle / Level	National Qualifications Framework of Ukraine - 8th level, FQ-EHEA - second cycle, EQF-LLL – 7ep level
Background	Availability of a bachelor's degree.
Language (s) of teaching	Ukrainian
The validity of the educational program	2 years
Internet address of the permanent description of the educational program	<a href="http://kubg.edu.ua/informatsiya/vstupnikam/napryami-pidgotovki/magistr.html">http://kubg.edu.ua/informatsiya/vstupnikam/napryami-pidgotovki/magistr.html</a>
<b>2 – The purpose of the educational program</b>	
To train a modern competitive specialist capable of providing qualified psychological assistance to a person with experience in extreme and crisis situations, to create and implement preventive and rehabilitation programs for the safe interaction of people with the environment and to preserve his/her psychological health	
<b>3 – Characteristics of the educational program</b>	
Subject area (branch of knowledge, specialty, specialization (if any))	05 Social and behavioural sciences 053 Psychology Training program: 053.00.05 Extreme and Crisis Psychology

Orientation of the educational program	Educational and Professional
The main focus of the educational program and specialization	Special education in the field of theoretical and applied psychology. Key words: psychology, personality, life crisis, extreme situation, psychological help, psychological counselling, psychological rehabilitation.
Features of the program	Practical oriented training based on the use of didactic methods, the setting of research tasks and their implementation during the practice, the enhancement of personal sustainability and adaptability, professional responsibility and flexibility of students
<b>4 – Suitability of graduates for employment and further training</b>	
Suitability for employment	Position of a psychologist in educational institutions, health care, social assistance to the population (psychologist, practical psychologist, psychologist-consultant, psychologist-expert, psychologist-rehabilitologist); in the bodies of state administration and defence, power and law enforcement structures, the penitentiary service, enterprises and organizations associated with increased risk of labour (psychologist, psychologist-consultant, psychologist-expert, psychologist-rehabilitologist); positions in scientific and educational institutions (researcher, psychologist-researcher, teacher of professional disciplines). According to the National Classification of Professions DK 003: 2010, specialists who have completed education in the educational program "Extreme and Crisis Psychology" may occupy the following primary positions: 2412.2 professional development of staff; 2445.2 psychologist; 2310.2 teacher of a higher educational institution
Further training	Post-graduate, PhD programs.
<b>5 – Teaching and evaluation</b>	
Teaching and learning	The practice-oriented with a focus on personal and professional self-development of students. Combination of classroom studies with independent and research work.
Evaluation	Oral and written examinations, testing, practice reports, defence of master's qualification work, certification exam.
<b>6 – Program competencies</b>	
Integral	Ability to solve complex tasks and problems in the process of training and professional activity in the field of psychology, which involves conducting research and / or innovations and characterized by complexity and uncertainty of conditions and requirements.
General Competencies (GC)	GC 1. Ability to apply knowledge in practical situations. GC 2. Ability to conduct research at the appropriate level. GC 3. Ability to generate new ideas (creativity). GC 4. Ability to identify, put and solve problems. GC 5. Valuation and respect for diversity and multiculturalism. GC 6. Ability to act on the basis of ethical considerations (motives). GC 7. Ability to act socially and consciously. GC 8. Ability to design and manage projects. GC 9. Ability to motivate people and move towards a common goal. GC 10. Ability to communicate in a foreign language.

<p>Special (professional, subject) competencies (SC)</p>	<p>SC 1. Ability to carry out theoretical, methodological and empirical analysis of actual problems of psychological science and / or practice.</p> <p>SC 2. Ability to independently plan, organize and carry out psychological research with elements of scientific novelty and / or practical significance.</p> <p>SC 3. Ability to choose and apply valid and reliable methods of scientific research and / or evidence and practice techniques.</p> <p>SC 4. Ability to carry out practical activities (training, psychotherapeutic, consulting, psychodiagnostic and other depending on specialization) with the use of scientifically verified methods and techniques.</p> <p>SC 5. Ability to organize and implement educational and educational activities for different categories of the population in the field of psychology.</p> <p>SC 6. Ability to effectively co-operate with colleagues in mono-and multidisciplinary teams.</p> <p>SC 7. Ability to make professional decisions in complex and unpredictable conditions, to adapt to new situations of professional activity.</p> <p>SC 8. Ability to evaluate the limits of own professional competence and to increase professional qualification.</p> <p>SC 9. Ability to adhere to professional ethics rules and guided by universal values.</p> <p>SC 10. Ability to develop and implement innovative methods of psychological assistance to clients in difficult life situations.</p> <p>SC 11. Ability to provide operational psychological assistance and to use methods of psychological protection of a person in emergency situations.</p> <p>SC 12. Ability to develop and apply preventive and corrective programs for the preservation of human psychological health.</p> <p>SC 13. Ability to reflect and supervise own professional activities.</p> <p>SC 14. Ability to activate psychosomatic resources of an individual for its effective functioning in extreme and crisis situations.</p> <p>SC 15. Ability to build predictable tactics of preventing distress or crisis of a person.</p>
<p><b>7 – Program learning outcomes</b></p>	
	<p>PLO 1. To search, process and analyse professionally important knowledge from different sources using modern information and communication technologies.</p> <p>PLO 2. Be able to organize and conduct psychological research using valid and reliable methods.</p> <p>PLO 3. To summarize empirical data and formulate theoretical conclusions.</p> <p>PLO 4. To make a psychological forecast for the development of personality, groups, organizations.</p> <p>PLO 5. To develop programs of psychological intervention (training, psychotherapy, counselling, etc.), to conduct them in individual and group work, to evaluate quality.</p> <p>PLO 6. To develop educational materials and educational programs, implement them, receive feedback, evaluate quality.</p> <p>PLO 7. To present the results of research in written and oral forms in accessible and reasoned way, to take part in professional discussions.</p> <p>PLO 8. To evaluate the complexity of the tasks and make decisions on applying for or upgrading.</p> <p>PLO 9. To solve ethical dilemmas based on the rule of law, ethical principles and universal values.</p> <p>PLO 10. To carry out an analytical search for the corresponding scientific</p>

	<p>information problem formulated and to evaluate it according to the criteria of adequacy.</p> <p>PLO 11. To adapt and modify existing scientific approaches and methods to specific situations of professional activity.</p> <p>PLO 12. To integrate a foreign language into the creation of the latest models and algorithms that can be unambiguously and reasonably used in theoretical and practical psychology.</p> <p>PLO 13. To differentiate types of extreme situations and forms of human behaviour in these situations, to predict the possible consequences of the influence of certain extreme factors on a person.</p> <p>PLO 14. To provide operational psychological assistance to a person with acute stressful reactions.</p> <p>PLO 15. To manage human resources, work processes and the behaviour of professionals in complex and extreme professional situations.</p> <p>PLO 16. To provide qualified psychological assistance to a person in a crisis condition to enhance the resources of his/her viability.</p>
<b>8 – Resource support for the implementation of the program</b>	
Staffing	<p>The staffing of the educational program consists of the teaching staff of the Department of General, Age and Pedagogical Psychology, Department of Practical Psychology of the Institute of Human Sciences. The practice-oriented nature of the educational program involves the broad participation of practitioners who correspond to the direction of the program to enhance the synergy of theoretical and practical training.</p> <p>The head of the project team and the teaching staff that ensures its implementation complies with the requirements defined by the Licensing Conditions for conducting educational activities of educational institutions.</p>
Material and technical support	<p>To organize the educational process, the Department for the scientific and pedagogical workers is properly equipped, there is sufficient number of classes for conducting lectures, laboratory-practical, individual classes. The rooms are equipped with stationary sound and video recording equipment, a complex of multimedia equipment, projecting devices. The centres of practical training "Coaching Studio", "Centre for Social Technologies and Innovations" and the Diagnostic and Consultation Centre help to work out the practical techniques and technologies of work of the psychologist as closely as possible to the real professional conditions.</p>
Information, teaching and methodological support	<p>The educational process is organized taking into account the possibilities of the most advanced learning technologies and is oriented towards the formation of a highly educated, competitive, harmoniously developed personality capable of qualitative learning and constant updating of scientific knowledge, professional mobility and adequate adaptation to dynamic changes in the socio-cultural sphere, in manufacturing technologies, in branches of science and education, management systems and labour organization.</p>
<b>9 – Academic mobility</b>	
National Credit Mobility	-
International Credit Mobility	-

Education of foreign applicants of education	-
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## II. The list of components of the educational-professional program and their logical consistency

### 2.1. List of components of EP

Component code	Code	Components of the educational program (academic disciplines, course projects (work), practice, qualification work)	Credits	Form of final control
1	2	3	4	5
<b>Required components of EP</b>				
RC 1	EDG.1	Foreign language professional communication	4	Exam
RC 2	EDP.1	The theory and practice of modern psychological research	4	Exam
RC 3	EDP.2	Extreme psychology with a workshop	12	Exam
RC 4	EDP.3	Crisis psychology with a workshop	10	Exam
RC 5	EDP.4	Pedagogy and psychology of higher education	4	Exam
RC 6	EDP.5	Methodology of teaching psychological disciplines	4	Exam
RC 7	P.1	Training (consulting) practice	4,5	Credit
RC 8	P.2	Training (assistant) practice	9	Credit
RC 9	P.3	Pre-diploma practice	7,5	Credit
RC 10	EA.1	Preparation and defence of master's paper	5,5	Exam
RC 11	EA.2	Certifying exam	1	Exam
<b>The total volume of required components:</b>			<b>65,5</b>	
<b>Optional EP components</b>				
OC 1	ODS.1.01	Psycho-technics of help in a situation of loss and grief	4	Credit
OC 2	ODS.1.02	Psychology of violence	4	Exam
OC 3	ODS.1.03	Psychological help for the person in the conditions of emergency situations	4	Exam
OC 4	ODS.1.04	Psychology of dependent behaviour of the person	4	Credit
OC 5	ODS.1.05	Crisis counselling workshop	5,5	Credit
OC 6	OP.1.01	Training practice in specialization	3	Credit
<b>The total volume of optional components:</b>			<b>24,5</b>	
<b>THE TOTAL VOLUME OF EDUCATIONAL PROGRAM</b>			<b>90</b>	

## 2.2 Structural-logical scheme of EP

Course, semester		
I		II
1	2	3
RC 1	RC 3	RC 8
RC 2	RC 4	RC 9
RC 3	RC 6	RC 10
RC 4	RC 7	RC 11
RC 5	RC 10	OC 4
OC 2	OC 1	OC 5
	OC 3	OC 6
	OC 4	
	OC 5	

### III. Form of certification of applicants for higher education

Certification of graduates of educational program 053.00.05 Extreme and crisis psychology of specialty 053 Psychology is carried out in the form of public defence (demonstration) of master's qualification work and certifying examination and ends with the issuance of a diploma of a state standard for awarding them a master's degree with a qualification: "Master of Psychology".

#### IV. Matrix of compliance of program competencies to the components of the educational program

Marks of educational components and program competencies	RC 1	RC 2	RC 3	RC 4	RC 5	RC 6	RC 7	RC 8	RC 9	RC 10	RC 11	OC 1	OC 2	OC 3	OC 4	OC 5	OC 6
GC 1	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
GC 2		+			+	+			+	+							
GC 3		+	+		+	+				+							
GC 4		+	+	+	+	+		+	+	+	+	+	+	+	+	+	+
GC 5	+	+		+	+	+							+				
GC 6	+	+	+	+	+	+	+	+			+	+	+	+	+	+	+
GC 7			+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
GC 8	+	+			+				+	+							
GC 9			+	+	+	+		+				+		+	+	+	
GC 10	+																
SC 1		+	+	+	+	+			+	+	+		+		+		
SC 2		+			+				+	+							
SC 3		+		+	+				+	+	+		+	+		+	
SC 4				+			+			+	+	+		+	+	+	+
SC 5					+	+	+	+	+				+		+		+
SC 6	+	+	+	+	+	+		+				+	+	+		+	
SC 7			+				+	+						+		+	
SC 8	+	+		+	+	+		+						+	+		
SC 9			+	+	+	+	+	+				+	+		+	+	+
SC 10				+			+			+		+	+			+	+
SC 11			+				+				+			+			
SC 12				+			+			+	+	+	+		+	+	+
SC 13				+	+	+	+				+	+		+		+	
SC 14			+	+			+			+	+	+	+	+		+	+
SC 15			+	+							+	+	+	+		+	

## V. Matrix of providing programmatic learning outcomes for relevant educational program components

Marks of educational components and program competencies	RC 1	RC 2	RC 3	RC 4	RC 5	RC 6	RC 7	RC 8	RC 9	RC 10	RC 11	OC 1	OC 2	OC 3	OC 4	OC 5	OC 6
PLO 1	+	+	+	+	+	+			+	+	+	+	+	+	+	+	
PLO 2		+			+				+	+							
PLO 3		+	+	+	+				+	+					+		
PLO 4			+	+								+		+	+	+	
PLO 5							+			+	+	+	+	+	+	+	
PLO 6					+	+	+	+	+				+		+		+
PLO 7	+	+				+		+		+							
PLO 8		+	+	+		+		+				+		+		+	
PLO 9				+			+	+					+		+	+	+
PLO 10		+			+	+		+	+	+	+						
PLO 11		+		+		+				+	+					+	+
PLO 12	+																
PLO 13			+				+				+			+			+
PLO 14			+								+	+	+	+		+	
PLO 15			+								+			+			
PLO 16				+			+				+	+	+			+	+